

# Restraints Competency Test 2007

**Please print and hand into your Unit Educator / Manager**

1. Alternatives to restraints *Do NOT* need to be considered and/or attempted before initiating Restraints in non-violent patients.

True\_\_\_

False\_\_\_

2. You do not need to explain to the patient who you are and what you are going to do when the patient is noncommunicative, disoriented or upset.

True\_\_\_

False\_\_\_

3. ALL initial adult restraint orders are limited to 4 hours.?

True\_\_\_

False\_\_\_

4. A patient in Restraint needs a routine assessment for adequate hydration and requires fluids to be offered at least every 2 hours while awake.

True\_\_\_

False\_\_\_

5. Abnormal vital signs of a restrained patient may be due to inadequate hydration, psychotropic medications, or agitation and must be reported to the RN.

True\_\_\_

False\_\_\_

**6.** Before a Behavioral restraint can be renewed (8 hour maximum) a face-to-face assessment must be made of the patient by a MD.

True\_\_\_

False\_\_\_

**7.** A physician's order and a face-to-face MD assessment must be obtained/occur within one hour following an emergent intervention with restraint.

True\_\_\_

False\_\_\_

**8.** A new order for Medical use of Restraint (pulling at lines/tubes, high fall risk) is needed Q 48 hours.

True\_\_\_

False\_\_\_

**9.** A nurse practitioner can do the 1 hour face-to-face assessment of the Behavioral patient.

True\_\_\_

False\_\_\_

**10.** When up in the chair the roll belt can be used.

True\_\_\_

False\_\_\_

**11.** 4 point Restraint use is always considered Behavior Management use of Restraints.

True\_\_\_

False\_\_\_

**12.** If a patient is violent or aggressive for any reason and Restraints are used it is Behavior Management use of Restraints.

True\_\_\_

False\_\_\_

**13.** It is best to get a new MD order each day as early as possible when MD's are rounding versus waiting until closer to the order expiration time.

True\_\_\_

False\_\_\_

**First Name:** \_\_\_\_\_

**Last Name:** \_\_\_\_\_

**Employee ID#:** \_\_\_\_\_

**Birth Month:** \_\_\_\_\_